

Student's Name / Initials

/

Date

Teacher's Initials

Date

## Emergency Medical Services (EMS) 2

### Activity Code 5532

**DIRECTIONS:**

Evaluate the student using the applicable rating scales below and check the appropriate box to indicate the degree of competency. The ratings 3, 2, 1, and N are not intended to represent the traditional school grading system of A, B, C, and D. The description associated with each of the ratings focuses on the level of student performance or cognition for each of the competencies listed below.

PERFORMANCE RATING

- 3 - Skilled--can perform task independently with no supervision  
 2 - Moderately skilled--can perform task completely with limited supervision  
 1 - Limitedly skilled--requires instruction and close supervision  
 N - No exposure--has no experience or knowledge of this task

COGNITIVE RATING

- 3 - Knowledgeable--can apply the concept to solve problems  
 2 - Moderately knowledgeable--understands the concept  
 1 - Limitedly knowledgeable--requires additional instruction  
 N - No exposure--has not received instruction in this area

**Foundation Standard 1: Academic Foundation:**  
**Healthcare professionals will know the academic subject matter required for proficiency within their area. They will use this knowledge as needed in their role.**

3    2    1    N

- \_\_\_ \_\_\_ \_\_\_ \_\_\_ 1. Identify basic structure of the human body.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 2. Recognize body planes, directional terms, quadrants, and cavities.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 3. Apply mathematical computations related to healthcare procedures (metric and household, conversions and measurements).  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 4. Record time using the 24-hour clock.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 5. Demonstrate sound study skills, test taking skills, and note taking skills.

**Foundation Standard 2: Communications:**  
**Healthcare professionals will know the various methods of giving and obtaining information. They will communicate effectively, both orally and in writing.**

3    2    1    N

- \_\_\_ \_\_\_ \_\_\_ \_\_\_ 1. Interpret verbal and nonverbal communication.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 2. Recognize barriers to communication.

3    2    1    N

- \_\_\_ \_\_\_ \_\_\_ \_\_\_ 3. Distinguish subjective and objective information.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 4. Recognize the elements of communication using a sender-receiver model.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 5. Apply speaking and active listening skills.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 6. Recognize elements of written and electronic communication (spelling, grammar, and formatting).  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 7. Apply procedures for accurate documentation and record keeping.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 8. List the proper methods of initiating and terminating a radio call.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 9. State the proper sequence for delivery of patient information.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 10. Explain the importance of effective communication of patient information in the verbal report.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 11. Identify the essential components of the verbal report.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 12. Describe the attributes for increasing effectiveness and efficiency of verbal communications.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 13. State legal aspects to consider in verbal communication.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 14. Discuss the communication skills that should be used to interact with the patient.

3    2    1    N

- \_\_\_ \_\_\_ \_\_\_ \_\_\_ 15. Discuss the communication skills that should be used to interact with the family, bystanders, and individuals from other agencies while providing patient care and the difference between skills used to interact with the patient and those used to interact with others.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 16. List the correct radio procedures in the following phases of a typical call: to the scene, at the scene, to the facility, at the facility, to the station, and at the station.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 17. Explain the rationale for providing efficient and effective radio communications and patient reports.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 18. Perform a simulated organized, concise radio transmission.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 19. Perform an organized, concise patient report that would be given to the staff at a receiving facility.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 20. Perform a brief, organized report that would be given to an ALS provider arriving at an incident scene at which the EMT-Basic was already providing care.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 21. Explain the components of the written report and list the information that should be included on the written report.  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ 22. Identify the various sections of the written report.

| 3 | 2 | 1 | N |                                                                                                                        |
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| — | — | — | — | 23. Describe what information is required in each section of the prehospital care report and how it should be entered. |
| — | — | — | — | 24. Define the special considerations concerning patient refusal.                                                      |
| — | — | — | — | 25. Describe the legal implications associated with the written report.                                                |
| — | — | — | — | 26. Discuss all state and/or local record and reporting requirements.                                                  |
| — | — | — | — | 27. Explain the rationale for patient care documentation.                                                              |
| — | — | — | — | 28. Explain the rationale for the EMS system gathering data.                                                           |
| — | — | — | — | 29. Explain the rationale for using medical terminology correctly.                                                     |
| — | — | — | — | 30. Explain the rationale for using an accurate and synchronous clock so that information can be used in trending.     |
| — | — | — | — | 31. Complete a prehospital care report.                                                                                |

**Foundation Standard 3: Systems:**  
**Healthcare professionals will understand how their role fits into their department, their organization and the overall healthcare environment. They will identify how key systems affect services they perform and quality of care.**

| 3 | 2 | 1 | N |                                                                                                           |
|---|---|---|---|-----------------------------------------------------------------------------------------------------------|
| — | — | — | — | 1. Explain the factors influencing healthcare delivery systems.                                           |
| — | — | — | — | 2. Understand the healthcare delivery system (public, private, government, and non-profit).               |
| — | — | — | — | 3. Define emergency medical services (EMS) systems.                                                       |
| — | — | — | — | 4. Differentiate the roles and responsibilities of EMS professionals from other healthcare professionals. |
| — | — | — | — | 5. Define quality improvement, and discuss the EMS professional's role in the process.                    |
| — | — | — | — | 6. Define medical direction, and discuss the EMS professional's role in the process.                      |
| — | — | — | — | 7. Characterize the various methods used to access the EMS system in your community.                      |

**Foundation Standard 4: Employability Skills:**  
**Healthcare professionals will understand how employability skills enhance their employment opportunities and job satisfaction. They will demonstrate key employability skills and will maintain and upgrade skills, as needed.**

| 3 | 2 | 1 | N |                                                                                                                                                                                            |
|---|---|---|---|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| — | — | — | — | 1. Classify the personal traits and attitudes desirable in a member of the healthcare team.                                                                                                |
| — | — | — | — | 2. Summarize professional standards as they apply to hygiene, dress, language, confidentiality, and behavior.                                                                              |
| — | — | — | — | 3. Apply employability skills in healthcare (attendance policy and time management).                                                                                                       |
| — | — | — | — | 4. Discuss levels of education, credentialing requirements, and employment trends in healthcare.                                                                                           |
| — | — | — | — | 5. Compare careers within the health science career pathways (diagnostic services, therapeutic services, health informatics, support services, or biotechnology research and development). |
| — | — | — | — | 6. Observe and participate in service learning/work-based learning (virtual, guest speakers, etc.) and HOSA activities.                                                                    |

**Foundation Standard 5: Legal Responsibilities:**  
**Healthcare professionals will understand the legal responsibilities, limitations, and implications of their actions within the healthcare delivery setting. They will perform their duties according to regulations, policies, laws and legislated rights of clients.**

| 3 | 2 | 1 | N |                                                                                                             |
|---|---|---|---|-------------------------------------------------------------------------------------------------------------|
| — | — | — | — | 1. Define terms and standards related to legal responsibilities.                                            |
| — | — | — | — | 2. Define the EMS professional's scope of practice.                                                         |
| — | — | — | — | 3. Discuss advance directives and local or state provisions regarding EMS application.                      |
| — | — | — | — | 4. Define types of consent.                                                                                 |
| — | — | — | — | 5. Discuss the methods of obtaining consent.                                                                |
| — | — | — | — | 6. Discuss the issues of abandonment, negligence, and battery and their implications for EMS professionals. |

| 3 | 2 | 1 | N |                                                                                                                                                                                                        |
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| — | — | — | — | 7. Explain the importance, necessity, and legality of patient confidentiality (e.g., Health Insurance Portability and Accountability Act [HIPAA] and Family Education Rights and Privacy Act [FERPA]). |
| — | — | — | — | 8. Differentiate the actions and responsibilities of EMS professionals when interacting with law enforcement.                                                                                          |
| — | — | — | — | 9. Identify forms of unsafe or hostile work environments.                                                                                                                                              |

**Foundation Standard 6: Ethics:**  
**Healthcare professionals will understand accepted ethical practices with respect to cultural, social, and ethnic differences within the healthcare environment. They will perform quality healthcare delivery.**

| 3 | 2 | 1 | N |                                                                                                                   |
|---|---|---|---|-------------------------------------------------------------------------------------------------------------------|
| — | — | — | — | 1. Define basic terms and standards related to ethical practices.                                                 |
| — | — | — | — | 2. Identify code of ethics.                                                                                       |
| — | — | — | — | 3. Differentiate between ethics and morals.                                                                       |
| — | — | — | — | 4. Differentiate between ethical and legal issues impacting healthcare.                                           |
| — | — | — | — | 5. Recognize ethical issues and their implications related to healthcare.                                         |
| — | — | — | — | 6. Apply procedures for reporting activities and behaviors that affect the health, safety, and welfare of others. |
| — | — | — | — | 7. Understand cultural diversity as it impacts healthcare.                                                        |
| — | — | — | — | 8. Demonstrate respectful and empathetic treatment of ALL patients/clients (customer service).                    |
| — | — | — | — | 9. Evaluate the cultural use of verbal and nonverbal language in a variety of healthcare scenarios.               |

**Foundation Standard 7: Safety Practices:**  
Healthcare professionals will understand the existing and potential hazards to clients, co-workers, and self. They will prevent injury or illness through safe work practices and follow health and safety policies and procedures.

| 3   | 2   | 1   | N   |                                                                                                                          |
|-----|-----|-----|-----|--------------------------------------------------------------------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 1. Discuss the principles of infection control, personal protective equipment (PPE), and body substance isolation (BSI). |
| ___ | ___ | ___ | ___ | 2. Apply principles of body mechanics.                                                                                   |
| ___ | ___ | ___ | ___ | 3. Apply safety techniques in the work environment.                                                                      |
| ___ | ___ | ___ | ___ | 4. Recognize basic safety labels and placards (biohazards, poisons, etc.)                                                |
| ___ | ___ | ___ | ___ | 5. Understand implications of hazardous materials.                                                                       |
| ___ | ___ | ___ | ___ | 6. Describe fire safety in a healthcare setting.                                                                         |
| ___ | ___ | ___ | ___ | 7. Discuss principles of basic emergency response in natural disasters and other emergencies.                            |
| ___ | ___ | ___ | ___ | 8. Explain the need to determine scene safety.                                                                           |

**Foundation Standard 8: Teamwork:**  
Healthcare professionals will understand the roles and responsibilities of individual members as part of the healthcare team, including their ability to promote the delivery of quality healthcare. They will interact effectively and sensitively with all members of the healthcare team.

| 3   | 2   | 1   | N   |                                                                |
|-----|-----|-----|-----|----------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 1. Understand roles and responsibilities of team members.      |
| ___ | ___ | ___ | ___ | 2. Recognize characteristics of effective teams.               |
| ___ | ___ | ___ | ___ | 3. Recognize methods for building positive team relationships. |
| ___ | ___ | ___ | ___ | 4. Analyze attributes and attitudes of an effective leader.    |
| ___ | ___ | ___ | ___ | 5. Apply effective techniques for managing team conflict.      |

**Foundation Standard 9: Health Maintenance Practices:**  
Healthcare professionals will understand the fundamentals of wellness and the prevention of disease processes. They will practice preventive health behaviors among the clients.

| 3   | 2   | 1   | N   |                                                                                                                                                       |
|-----|-----|-----|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 1. Discuss possible emotional reactions that EMS professionals, patient, and family may experience when faced with trauma, illness, death, and dying. |
| ___ | ___ | ___ | ___ | 2. Recognize the signs and symptoms of critical incident stress.                                                                                      |
| ___ | ___ | ___ | ___ | 3. Explain how to recognize the causes and signals of personal stress.                                                                                |
| ___ | ___ | ___ | ___ | 4. Discuss positive steps that the EMS professional takes to help reduce/alleviate stress and promote health and wellness.                            |
| ___ | ___ | ___ | ___ | 5. Identify behaviors and factors affecting the EMS professional's health and well-being negatively.                                                  |
| ___ | ___ | ___ | ___ | 6. Discuss the relationship between health, lifestyle, and personal risk factors.                                                                     |
| ___ | ___ | ___ | ___ | 7. Demonstrate proper body mechanics.                                                                                                                 |

**\* Foundation Standard 10: Technical Skills:**  
Healthcare professionals will apply technical skills required for all career specialties. They will demonstrate skills and knowledge as appropriate.

| 3   | 2   | 1   | N   |                                                                     |
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| ___ | ___ | ___ | ___ | 1. Refresh understanding of technical skills in previous sequences. |

#### **Shock, Bleeding, and Soft Tissue**

|     |     |     |     |                                                                                                              |
|-----|-----|-----|-----|--------------------------------------------------------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 1. Differentiate between arterial, venous, and capillary bleeding.                                           |
| ___ | ___ | ___ | ___ | 2. State the emergency medical care for external bleeding.                                                   |
| ___ | ___ | ___ | ___ | 3. Establish the relationship between body substance isolation (BSI) and bleeding.                           |
| ___ | ___ | ___ | ___ | 4. List the signs of internal bleeding.                                                                      |
| ___ | ___ | ___ | ___ | 5. List the steps in the emergency medical care of the patient with signs and symptoms of internal bleeding. |

| 3   | 2   | 1   | N   |                                                                                                             |
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| ___ | ___ | ___ | ___ | 6. Establish the relationship between body substance isolation (BSI) and soft tissue injuries.              |
| ___ | ___ | ___ | ___ | 7. State the types of open soft tissue injuries.                                                            |
| ___ | ___ | ___ | ___ | 8. Describe the emergency medical care of the patient with a soft tissue injury.                            |
| ___ | ___ | ___ | ___ | 9. Discuss the emergency medical care considerations for a patient with a penetrating chest injury.         |
| ___ | ___ | ___ | ___ | 10. Discuss the emergency medical care considerations for a patient with an open wound to the abdomen.      |
| ___ | ___ | ___ | ___ | 11. Describe the emergency medical care for a patient with an impaled object.                               |
| ___ | ___ | ___ | ___ | 12. State the emergency medical care for an amputation.                                                     |
| ___ | ___ | ___ | ___ | 13. Describe the emergency medical care for burns.                                                          |
| ___ | ___ | ___ | ___ | 14. List the functions of dressing and bandaging.                                                           |
| ___ | ___ | ___ | ___ | 15. Explain the rationale for body substance isolation when dealing with bleeding and soft tissue injuries. |
| ___ | ___ | ___ | ___ | 16. Demonstrate direct pressure as a method of emergency medical care for external bleeding.                |
| ___ | ___ | ___ | ___ | 17. Demonstrate the use of diffuse pressure as a method of emergency medical care for external bleeding.    |
| ___ | ___ | ___ | ___ | 18. Demonstrate the use of pressure points as a method of emergency medical care for external bleeding.     |
| ___ | ___ | ___ | ___ | 19. Demonstrate the care of the patient exhibiting signs and symptoms of internal bleeding.                 |
| ___ | ___ | ___ | ___ | 20. Demonstrate the steps in the emergency medical care of a patient with open soft tissue injuries.        |
| ___ | ___ | ___ | ___ | 21. Demonstrate the steps in the emergency medical care of a patient with an open chest wound.              |
| ___ | ___ | ___ | ___ | 22. Demonstrate the steps in the emergency medical care of a patient with open abdominal wounds.            |
| ___ | ___ | ___ | ___ | 23. Demonstrate the steps in the emergency medical care of a patient with an impaled object.                |

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| — | — | — | — | 24. Demonstrate the steps in the emergency medical care of a patient with amputation.                                |
| — | — | — | — | 25. Demonstrate the steps in the emergency medical care of an amputated part.                                        |
| — | — | — | — | 26. List signs and symptoms of shock (hypoperfusion).                                                                |
| — | — | — | — | 27. State the steps in the emergency medical care of the patient with signs and symptoms of shock (hypoperfusion).   |
| — | — | — | — | 28. Explain the sense of urgency to transport patients who are bleeding and who show signs of shock (hypoperfusion). |
| — | — | — | — | 29. Demonstrate how to document bleeding and/or shock (hypoperfusion) emergencies.                                   |
| — | — | — | — | 30. List the types of closed soft tissue injuries.                                                                   |
| — | — | — | — | 31. Describe the emergency medical care of the patient with a closed soft tissue injury.                             |
| — | — | — | — | 32. State the types of open soft tissue injuries.                                                                    |
| — | — | — | — | 33. Describe the emergency medical care of the patient with an open soft tissue injury.                              |
| — | — | — | — | 34. List the classifications of burns.                                                                               |
| — | — | — | — | 35. Define superficial burn.                                                                                         |
| — | — | — | — | 36. List the characteristics of a superficial burn.                                                                  |
| — | — | — | — | 37. Define partial thickness burn.                                                                                   |
| — | — | — | — | 38. List the characteristics of a partial thickness burn.                                                            |
| — | — | — | — | 39. Define full thickness burn.                                                                                      |
| — | — | — | — | 40. List the characteristics of a full thickness burn.                                                               |
| — | — | — | — | 41. Describe the emergency medical care of the patient with a superficial burn.                                      |
| — | — | — | — | 42. Describe the emergency medical care of the patient with a partial thickness burn.                                |
| — | — | — | — | 43. Describe the emergency medical care of the patient with a full thickness burn.                                   |
| — | — | — | — | 44. Describe the emergency care for a chemical burn.                                                                 |
| — | — | — | — | 45. Describe the emergency care for an electrical burn.                                                              |
| — | — | — | — | 46. Demonstrate the steps in the emergency medical care of a patient with superficial burns.                         |

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| — | — | — | — | 47. Demonstrate the steps in the emergency medical care of a patient with partial thickness burns. |
| — | — | — | — | 48. Demonstrate the steps in the emergency medical care of a patient with full thickness burns.    |
| — | — | — | — | 49. Demonstrate the steps in the emergency medical care of a patient with a chemical burn.         |
| — | — | — | — | 50. Demonstrate how to document patients with soft tissue emergencies.                             |

#### Injuries to Muscles and Bones

| 3 | 2 | 1 | N |                                                                                                                                                    |
|---|---|---|---|----------------------------------------------------------------------------------------------------------------------------------------------------|
| — | — | — | — | 1. Describe the function of the musculoskeletal system.                                                                                            |
| — | — | — | — | 2. Differentiate between an open and a closed painful, swollen, deformed extremity.                                                                |
| — | — | — | — | 3. List the emergency medical care for a patient with a painful, swollen, deformed extremity.                                                      |
| — | — | — | — | 4. Relate the mechanism of injury to potential injuries of the head and spine.                                                                     |
| — | — | — | — | 5. State the signs and symptoms of a potential spine injury.                                                                                       |
| — | — | — | — | 6. Describe the methods of determining whether or not a responsive patient may have a spine injury.                                                |
| — | — | — | — | 7. List the signs and symptoms of injury to the head.                                                                                              |
| — | — | — | — | 8. Describe the emergency medical care for injuries to the head.                                                                                   |
| — | — | — | — | 9. Explain the rationale for the patient's feeling a need for immobilization of the painful, swollen, deformed extremity.                          |
| — | — | — | — | 10. Demonstrate a caring attitude toward a patient with a musculoskeletal injury who requested emergency medical services.                         |
| — | — | — | — | 11. Place the interests of the patient with a musculoskeletal injury as the foremost consideration when making any and all patient care decisions. |

| 3 | 2 | 1 | N |                                                                                                                                     |
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| — | — | — | — | 12. Communicate with empathy to a patient with a musculoskeletal injury, as well as with family members and friends of the patient. |
| — | — | — | — | 13. Demonstrate the steps in the emergency medical care of a patient with a painful, swollen, deformed extremity.                   |
| — | — | — | — | 14. List the major bones or bone groupings of the spinal column, the thorax, the upper extremities, and the lower extremities.      |
| — | — | — | — | 15. State the reasons for splinting.                                                                                                |
| — | — | — | — | 16. List the general rules of splinting.                                                                                            |
| — | — | — | — | 17. List the complications of splinting.                                                                                            |
| — | — | — | — | 18. Demonstrate how to document patients with musculoskeletal injuries.                                                             |

#### Injuries to the Head and Spine

| 3 | 2 | 1 | N |                                                                                                        |
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| — | — | — | — | 1. State the components of the nervous system.                                                         |
| — | — | — | — | 2. List the functions of the central nervous system.                                                   |
| — | — | — | — | 3. Define the structure of the skeletal system as it relates to the nervous system.                    |
| — | — | — | — | 4. Relate mechanism of injury to potential injuries of the head and spine.                             |
| — | — | — | — | 5. Describe the implications of not properly caring for potential spine injuries.                      |
| — | — | — | — | 6. State the signs and symptoms of a potential spine injury.                                           |
| — | — | — | — | 7. Describe the method of determining if a responsive patient may have a spine injury.                 |
| — | — | — | — | 8. Relate the airway emergency medical care techniques to the patient with a suspected spine injury.   |
| — | — | — | — | 9. Describe how to stabilize the cervical spine.                                                       |
| — | — | — | — | 10. Discuss indications for sizing and using a cervical spine immobilization device.                   |
| — | — | — | — | 11. Establish the relationship between airway management and the patient with head and spine injuries. |

| 3 | 2 | 1 | N |                                                                                                                                            |
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| — | — | — | — | 12. Describe a method for sizing a cervical spine immobilization device.                                                                   |
| — | — | — | — | 13. Describe how to log roll a patient with a suspected spine injury.                                                                      |
| — | — | — | — | 14. Describe how to secure a patient to a long spine board.                                                                                |
| — | — | — | — | 15. List instances when a short spine board should be used.                                                                                |
| — | — | — | — | 16. Describe how to immobilize a patient using a short spine board.                                                                        |
| — | — | — | — | 17. Describe the indications for the use of rapid extrication.                                                                             |
| — | — | — | — | 18. List steps in performing rapid extrication.                                                                                            |
| — | — | — | — | 19. State the circumstances when a helmet should be left on the patient.                                                                   |
| — | — | — | — | 20. Discuss the circumstances when a helmet should be removed.                                                                             |
| — | — | — | — | 21. Identify different types of helmets.                                                                                                   |
| — | — | — | — | 22. Explain the preferred methods to remove a helmet.                                                                                      |
| — | — | — | — | 23. Discuss alternative methods for removal of a helmet.                                                                                   |
| — | — | — | — | 24. Describe how the patient's head is stabilized to remove the helmet.                                                                    |
| — | — | — | — | 25. Differentiate how the head is stabilized with a helmet compared to without a helmet.                                                   |
| — | — | — | — | 26. Explain the rationale for immobilization of the entire spine when a cervical spine injury is suspected.                                |
| — | — | — | — | 27. Explain the rationale for utilizing immobilization methods apart from the straps on the cots.                                          |
| — | — | — | — | 28. Explain the rationale for utilizing a short spine immobilization device when moving a patient from the sitting to the supine position. |
| — | — | — | — | 29. Recognize reasons for different protocol in helmet removal (e.g., football helmet versus motorcycle helmet).                           |
| — | — | — | — | 30. Demonstrate the four person log roll for a patient with a suspected spinal cord injury.                                                |
| — | — | — | — | 31. Demonstrate how to log roll a patient with a suspected spinal cord injury using two people.                                            |
| — | — | — | — | 32. Demonstrate securing a patient to a long spine board.                                                                                  |
| — | — | — | — | 33. Demonstrate using the short board immobilization technique.                                                                            |

| 3 | 2 | 1 | N |                                                                         |
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| — | — | — | — | 34. Demonstrate procedure for rapid extrication.                        |
| — | — | — | — | 35. Demonstrate preferred methods for stabilization of a helmet.        |
| — | — | — | — | 36. Demonstrate helmet removal techniques.                              |
| — | — | — | — | 37. Demonstrate alternative methods for stabilization of a helmet.      |
| — | — | — | — | 38. Demonstrate how to document patients with head and spinal injuries. |

#### Infants and Children

| 3 | 2 | 1 | N |                                                                                                                                                                                                                                          |
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| — | — | — | — | 1. Identify the developmental considerations for the following age groups: <ul style="list-style-type: none"> <li>a. infant,</li> <li>b. toddler,</li> <li>c. pre-school,</li> <li>d. school age, and</li> <li>e. adolescent.</li> </ul> |
| — | — | — | — | 2. Describe differences in anatomy and physiology of the infant, child, and adult patient.                                                                                                                                               |
| — | — | — | — | 3. Differentiate the response of the ill or injured infant or child (age specific) from that of an adult.                                                                                                                                |
| — | — | — | — | 4. Indicate various causes of respiratory emergencies.                                                                                                                                                                                   |
| — | — | — | — | 5. Differentiate between respiratory distress and respiratory failure.                                                                                                                                                                   |
| — | — | — | — | 6. List the steps in the management of foreign body airway obstruction.                                                                                                                                                                  |
| — | — | — | — | 7. Summarize emergency medical care strategies for respiratory distress and respiratory failure.                                                                                                                                         |
| — | — | — | — | 8. Identify the signs and symptoms of shock (hypoperfusion) in the infant and child patient.                                                                                                                                             |
| — | — | — | — | 9. Describe the methods of determining organ perfusion in the infant and child patient.                                                                                                                                                  |
| — | — | — | — | 10. State the usual cause of cardiac arrest in infants and children versus adults.                                                                                                                                                       |
| — | — | — | — | 11. List the common causes of seizures in the infant and child patient.                                                                                                                                                                  |
| — | — | — | — | 12. Describe the management of seizures in the infant and child patient.                                                                                                                                                                 |

| 3 | 2 | 1 | N |                                                                                                                      |
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| — | — | — | — | 13. Differentiate between the injury patterns in adults, infants, and children.                                      |
| — | — | — | — | 14. Differentiate between the critically ill/injured and non-critically ill/injured infant or child.                 |
| — | — | — | — | 15. Discuss the field management of the infant and child trauma patient.                                             |
| — | — | — | — | 16. Summarize the indicators of possible child abuse and neglect.                                                    |
| — | — | — | — | 17. Describe the medical legal responsibilities in suspected child abuse.                                            |
| — | — | — | — | 18. Explain the rationale for having knowledge and skills appropriate for dealing with the infant and child patient. |
| — | — | — | — | 19. Attend to the feelings of the family when dealing with an ill or injured infant or child.                        |
| — | — | — | — | 20. Understand the provider's own response (emotional) to caring for infants or children.                            |
| — | — | — | — | 21. Demonstrate the techniques of foreign body airway obstruction removal in the infant.                             |
| — | — | — | — | 22. Demonstrate the techniques of foreign body airway obstruction removal in the child.                              |
| — | — | — | — | 23. Demonstrate the assessment of the infant and child.                                                              |
| — | — | — | — | 24. Demonstrate bag-valve-mask artificial ventilations for the infant.                                               |
| — | — | — | — | 25. Demonstrate bag-valve-mask artificial ventilations for the child.                                                |
| — | — | — | — | 26. Demonstrate oxygen delivery for the infant and child.                                                            |

#### Diabetes / Altered Mental Status

| 3 | 2 | 1 | N |                                                                                                                                                   |
|---|---|---|---|---------------------------------------------------------------------------------------------------------------------------------------------------|
| — | — | — | — | 1. Identify the patient with altered mental status taking diabetic medications and the implications of a diabetes history.                        |
| — | — | — | — | 2. State the steps in the emergency medical care of the patient with an altered mental status and a history of diabetes taking diabetic medicine. |
| — | — | — | — | 3. Establish the relationship between airway management and the patient with altered mental status.                                               |

| 3   | 2   | 1   | N   |
|-----|-----|-----|-----|
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |

### Allergies

| 3   | 2   | 1   | N   |
|-----|-----|-----|-----|
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |

| 3   | 2   | 1   | N   |
|-----|-----|-----|-----|
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |

### Poisoning / Overdose

| 3   | 2   | 1   | N   |
|-----|-----|-----|-----|
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |

### Environmental Emergencies

| 3   | 2   | 1   | N   |
|-----|-----|-----|-----|
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |

| 3   | 2   | 1   | N   |
|-----|-----|-----|-----|
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |

### Behavioral Emergencies

| 3   | 2   | 1   | N   |
|-----|-----|-----|-----|
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |
| ___ | ___ | ___ | ___ |

| 3  | 2  | 1  | N  |                                                                                                               |
|----|----|----|----|---------------------------------------------------------------------------------------------------------------|
| __ | __ | __ | __ | 10. Demonstrate the assessment and emergency medical care of the patient experiencing a behavioral emergency. |
| __ | __ | __ | __ | 19. Demonstrate the steps in providing emergency medical care to a patient with a psychological crisis.       |

## Obstetrics / Gynecology

| 3   | 2   | 1   | N   |                                                                                                                         |
|-----|-----|-----|-----|-------------------------------------------------------------------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 1. Identify the following structures: uterus, vagina, fetus, placenta, umbilical cord, amniotic sac, and perineum.      |
| ___ | ___ | ___ | ___ | 2. Identify and explain the use of the contents of an obstetrics kit.                                                   |
| ___ | ___ | ___ | ___ | 3. Identify pre-delivery emergencies                                                                                    |
| ___ | ___ | ___ | ___ | 4. State indications of an imminent delivery.                                                                           |
| ___ | ___ | ___ | ___ | 5. Differentiate the emergency medical care provided to a patient with pre-delivery emergencies from a normal delivery. |
| ___ | ___ | ___ | ___ | 6. State the steps in the pre-delivery preparation of the mother.                                                       |
| ___ | ___ | ___ | ___ | 7. Establish the relationship between body substance isolation and childbirth.                                          |
| ___ | ___ | ___ | ___ | 8. State the steps to assist in the delivery.                                                                           |
| ___ | ___ | ___ | ___ | 9. Describe care of the baby as the head appears.                                                                       |
| ___ | ___ | ___ | ___ | 10. Describe how and when to cut the umbilical cord.                                                                    |
| ___ | ___ | ___ | ___ | 11. Discuss the steps in the delivery of the placenta.                                                                  |
| ___ | ___ | ___ | ___ | 12. List the steps in the emergency medical care of the mother post-delivery.                                           |
| ___ | ___ | ___ | ___ | 13. Summarize neonatal resuscitation procedures.                                                                        |
| ___ | ___ | ___ | ___ | 14. Recognize signs and symptoms of a birthing emergency.                                                               |
| ___ | ___ | ___ | ___ | 15. Differentiate a normal birth versus an abnormal birth.                                                              |
| ___ | ___ | ___ | ___ | 16. Discuss the emergency medical care of a patient with a gynecological emergency.                                     |
| ___ | ___ | ___ | ___ | 17. Explain the rationale for understanding the implications of treating two patients (mother and baby).                |

| 3   | 2   | 1   | N   |                                                                                                |
|-----|-----|-----|-----|------------------------------------------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 18. Demonstrate the steps to assist in the normal cephalic delivery.                           |
| ___ | ___ | ___ | ___ | 19. Demonstrate necessary care procedures of the fetus as the head appears.                    |
| ___ | ___ | ___ | ___ | 20. Demonstrate infant neonatal procedures.                                                    |
| ___ | ___ | ___ | ___ | 21. Demonstrate post delivery care of infant.                                                  |
| ___ | ___ | ___ | ___ | 22. Demonstrate how and when to cut the umbilical cord.                                        |
| ___ | ___ | ___ | ___ | 23. Attend to the steps in the delivery of the placenta.                                       |
| ___ | ___ | ___ | ___ | 24. Demonstrate the post-delivery care of the mother.                                          |
| ___ | ___ | ___ | ___ | 25. Demonstrate the steps in the emergency medical care of the mother with excessive bleeding. |
| ___ | ___ | ___ | ___ | 26. Demonstrate how to document obstetric/gynecological emergencies.                           |

## Gaining Access

| 3   | 2   | 1   | N   |                                                                                     |
|-----|-----|-----|-----|-------------------------------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 1. Describe the purpose of gaining access.                                          |
| ___ | ___ | ___ | ___ | 2. Discuss the role of the First Responder in gaining access.                       |
| ___ | ___ | ___ | ___ | 3. Identify what equipment for personal safety is required for the First Responder. |
| ___ | ___ | ___ | ___ | 4. Evaluate various methods of gaining access to the patient.                       |
| ___ | ___ | ___ | ___ | 5. Distinguish between simple and complex access.                                   |

## Overviews

| 3   | 2   | 1   | N   |                                                                                                                   |
|-----|-----|-----|-----|-------------------------------------------------------------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 1. Explain the First Responder's role during a call involving hazardous materials.                                |
| ___ | ___ | ___ | ___ | 2. Describe what the First Responder should do if there is reason to believe that there is a hazard at the scene. |
| ___ | ___ | ___ | ___ | 3. Describe the actions that a First Responder should take to ensure bystander safety.                            |

| 3   | 2   | 1   | N   |                                                                                                                                                    |
|-----|-----|-----|-----|----------------------------------------------------------------------------------------------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 4. State the role the First Responder should perform until appropriately trained personnel arrive at the scene of a hazardous materials situation. |
| ___ | ___ | ___ | ___ | 5. Break down the steps to approaching a hazardous situation.                                                                                      |
| ___ | ___ | ___ | ___ | 6. Discuss the various environmental hazards that affect EMS.                                                                                      |
| ___ | ___ | ___ | ___ | 7. Describe the criteria for a multiple-casualty situation.                                                                                        |
| ___ | ___ | ___ | ___ | 8. Evaluate the role of the First Responder in the multiple-casualty situation.                                                                    |
| ___ | ___ | ___ | ___ | 9. Summarize the components of basic triage.                                                                                                       |
| ___ | ___ | ___ | ___ | 10. Define the role of the First Responder in a disaster operation.                                                                                |
| ___ | ___ | ___ | ___ | 11. Describe basic concepts of incident management.                                                                                                |
| ___ | ___ | ___ | ___ | 12. Explain the methods for preventing contamination of self, equipment, and facilities.                                                           |
| ___ | ___ | ___ | ___ | 13. Review the local mass casualty incident plan.                                                                                                  |
| ___ | ___ | ___ | ___ | 14. Perform triage given a scenario of a mass casualty incident.                                                                                   |

\* Additional technical skills may be included in a program of study based on career specialties.

**Foundation Standard 11: Information Technology Applications:**  
Healthcare professionals will use information technology applications required within all career specialties. They will demonstrate use as appropriate to healthcare applications.

| 3   | 2   | 1   | N   |                                                                                      |
|-----|-----|-----|-----|--------------------------------------------------------------------------------------|
| ___ | ___ | ___ | ___ | 1. Communicate using technology to access and distribute data and other information. |
| ___ | ___ | ___ | ___ | 2. Recognize written and electronic technology applications available/used in EMS.   |