

**NAIL TECHNOLOGY**  
**MODULE 1 – INTERMEDIATE PRACTICES IN NAIL TECHNOLOGY**  
**(256 CLOCK HOURS)**  
**STUDENT PROFILE**

**Nail Technology Module 1 Progress Report**

**Complete the student profile by inserting the representative letter in the space provided and completing all other information requested.**

**E – Exceeds Performance Requirements (85-100):** Work that is above the criteria of the standard.

**M – Meets Performance Requirements (77-84):** Work that meets the criteria of the standard.

**B – Below Performance Requirements (76 and below):** Work that fails to meet the criteria of the standard.

**M1B. PROFESSIONAL PRACTICES (13 CLOCK HOURS)**

**Orientation (2 Clock Hours – SCDE)**

**E**

**M**

**B**

**M1B1. Explain the origin and historical advancement of the nail profession.**

1. Explain the origin of personal beautification.
2. Compare the advancements made in nail technology during the 20<sup>th</sup> and early 21<sup>st</sup> centuries.
3. Research career opportunities available to licensed nail technicians.

**Comments:**

**Professional Images (4 CLOCK HOURS) and Personal Hygiene (3 CLOCK HOURS)**

**E**

**M**

**B**

**M1B2. Explain how professional image will impact present and future success.**

1. Explain the importance of professional hygiene.
2. Identify proper professional workplace attire.
3. Describe ergonomic principles, postures, and movements.

**Comments:**

**Professional Ethics (4 Clock Hours)**

**E**

**M**

**B**

**M1B3. Demonstrate ethical conduct as related to employers, clients, and coworkers.**

1. Analyze the rules of professional ethics.
2. Research conduct required for successful nail technicians.

**Comments:**

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<b>M1C. (1) SAFETY AND SANITATION (40 Clock Hours – LLR, 20 Clock Hours – SCDE)</b>			
Sanitation and Safety Measures (6 Clock Hours – LLR), Bacteriology (15 Clock Hours – SCLLR), Sanitation (19 Clock Hours – SCLLR), Chemical Agents (10 Clock Hours – SCDE), Sanitization Methods and Procedures (10 Clock Hours – SCDE)	<b>E</b>	<b>M</b>	<b>B</b>
<b>M1C1. Demonstrate fundamental procedures for sanitation and safety.</b>			
<ol style="list-style-type: none"> <li>1. Identify workplace safety procedures.</li> <li>2. Demonstrate emergency procedures.</li> <li>3. Demonstrate safe methods to operate, use, and sanitize power equipment.</li> <li>4. Analyze OSHA requirements, MSDS information, and universal precautions.</li> <li>5. Describe the principles of infection control.</li> </ol>	<b>Comments:</b>		
<b>M1D. (2) ANATOMY AND PHYSIOLOGY (Arms, Hands, Feet), (21 Clock Hours – SCLLR; 35 Clock Hours ) SCDE</b>			
<b>Shape, Structure, Growth (6 Clock hours – LLR)</b>	<b>E</b>	<b>M</b>	<b>B</b>
<b>M1D1. Analyze the structure and composition of the nail to perform fundamental nail care services.</b>			
<ol style="list-style-type: none"> <li>1. Identify the structure and composition of the nail.</li> <li>2. Describe various shapes of the nail.</li> </ol>	<b>Comments:</b>		
<b>Bones, Muscles, Nerves (8 Clock Hours – SCLLR, 20 Clock Hours – SCDE); Bones of Arm, Hand (5 Clock Hours – SCDE); Muscles of Arm, Hand (5 Clock Hours – SCDE); Nerves of Arm, Hand (5 Clock Hours – SCDE); Skin (5 Clock Hours – SCLLR), Blood Circulation (2 Clock Hours – SCLLR)</b>	<b>E</b>	<b>M</b>	<b>B</b>
<b>M1D2. Analyze the anatomy, physiology, and histology of the arms, hands, and feet.</b>			
<ol style="list-style-type: none"> <li>1. Identify the function of each body system.</li> <li>2. Describe importance of the body systems to the nail profession.</li> </ol>	<b>Comments:</b>		

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<b>M1E. (3) NAIL TECHNOLOGY (87 Clock Hours – SCLLR; 35 Clock Hours – SCDE)</b>			
Preparation (7 Clock Hours – SCLLR); Equipment and Implements (10 Clock Hours – SCLLR); Supplies (10 Clock Hours – SCLLR); Procedures (35 Clock Hours – SCLLR, 10 Clock Hours – SCDE): Basic Nail, Oil Nail, Nail Analysis, Hand and Arm Massage; Pedicure (25 Clock Hours – SCLLR): Polish Application, Specific Needs	<b>E</b>	<b>M</b>	<b>B</b>
<b>M1E1. Demonstrate nail technology procedures for the hands and feet.</b>			
<ol style="list-style-type: none"> <li>1. Demonstrate pre-service and post-service preparation procedures.</li> <li>2. Describe the purpose of nail equipment, implements, supplies, products, and materials.</li> <li>3. Demonstrate fundamental natural nail service procedures.</li> <li>4. Demonstrate fundamental pedicure service.</li> <li>5. Apply basic nail polish.</li> </ol>	<b>Comments:</b>		
<b>M1F. (4) ARTIFICIAL NAIL ENHANCEMENT PROCEDURES (10 Clock Hours)</b>			
<b>Artificial Nail Tips (8 Clock Hours – SCLLR); Maintenance (2 Clock Hours – SCLLR)</b>	<b>E</b>	<b>M</b>	<b>B</b>
<b>M1F1. Perform artificial nail services.</b>			
<ol style="list-style-type: none"> <li>1. Perform fundamental nail tip applications.</li> <li>2. Create nail art.</li> <li>3. Perform maintenance services.</li> <li>4. Perform removal procedures.</li> </ol>	<b>Comments:</b>		
<b>M1G. (5) POWER EQUIPMENT (5 Clock Hours )</b>			
<b>Power Equipment (5 Clock Hours)</b>	<b>E</b>	<b>M</b>	<b>B</b>
<b>M1G1. Identify fundamental procedures to operate and maintain electrical tools.</b>			
<ol style="list-style-type: none"> <li>1. Describe the nature of electricity.</li> <li>2. Explain the two types of electric current and how they are used in the nail profession.</li> </ol>	<b>Comments:</b>		

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<b>M1H. (6) STATE LAW (7 Clock Hours)</b>			
<b>State Law (7 Clock Hours – SCLLR)</b>	<b>E</b>	<b>M</b>	<b>B</b>
<b>M1H1. Analyze nail technology laws, rules, and regulations.</b>			
1. Explain laws, regulations, rules, and codes that govern the cosmetology profession.	<b>Comments:</b>		
<b>M1I. NAIL TECHNOLOGY BUSINESS SKILLS (10 CLOCK HOURS)</b>			
<b>Professional Success (4 Clock Hours – SCDE); Daily Salon Operations (6 Clock Hours – SCDE)</b>	<b>E</b>	<b>M</b>	<b>B</b>
<b>M1I1. Analyze nail technology business skills.</b>			
1. Identify characteristics of successful professional nail technologists. 2. Describe responsibilities associated with daily salon operations.	<b>Comments:</b>		