

Name
Student ID

Teacher

Date

Grade

Family Life Education 1 Student Profile

Complete the student profile by inserting the representative letter in the space provided and completing all other information requested.

E - Exceeds Performance Requirements: Work that is above the criteria of the standard.

M - Meets Performance Requirements: Work that meets the criteria of the standard.

B - Below Performance Requirements: Work that fails to meet the criteria of the standard.

B. INTERPERSONAL SKILLS	E	M	B	Comments
B1. Apply communication skills that contribute to healthy relationship. 1. Identify the different types of communication. 2. Identify strategies to overcome communication barriers. 3. Describe characteristics of healthy relationships. 4. Demonstrate teamwork and leadership skills. 5. Analyze the effects of technology on communication.				
B2. Analyze the decision making process. 1. Apply the steps in the decision making process. 2. Explain how values, goals, and resources influence the management of decisions. 3. Analyze the consequences of making decisions.				
B3. Analyze the various types of relationships. 1. Examine the different types of relationships. 2. Describe the characteristics of a healthy relation. 3. Explain how personal values affect relationship choices. 4. Explore the cultural differences in relationships.				
C. HEALTHY LIFESTYLES	E	M	B	Comments
C1. Determine the risk factors that are damaging to a healthy lifestyle. 1. Identify food varieties and appropriate serving sizes. 2. Describe the benefits of regular exercise. 3. Analyze the effects of eating disorders. 4. Describe the consequences of risky behavior. 5. Describe the effects of stress. 6. Explain spirituality.				
D. FAMILY DEVELOPMENT	E	M	B	Comments
D1. Determine the importance of preparing for a family. 1. Describe the laws related to marriage. 2. Analyze the financial aspects of single life versus marriage. 3. Critique the social and emotional aspects of marriage.				

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4. Scrutinize the various components of raising a child. 5. Explain the importance of prenatal care and development. 6. Describe the childbirth process. 7. Explain the importance of postnatal care.				
E. FAMILY RESOURCE MANAGEMENT	E	M	B	Comments
E1. Identify factors that lead to effective resource management skills. 1. Demonstrate effective time management skills. 2. Analyze financial resources. 3. Distinguish wants from needs. 4. Evaluate the rewards and challenges of living independently. 5. Identify expenses and expenditures.				
F. CRISIS MANAGEMENT	E	M	B	Comments
F1. Explore different types of individual and family crises. 1. Define crisis. 2. Discuss what constitutes a crisis. 3. Identify the types of events that can lead to a family crisis. 4. Explore the impact of a crisis on individuals and families. 5. Investigate crisis prevention strategies.				
G. CAREERS	E	M	B	Comments
G1. Explore family related career paths. 1. Investigate family related careers. 2. Explore personal interests, aptitudes, and abilities. 3. Exhibit career preparation skills. 4. Incorporate 21 st century skills.				

Number exceeded: _____ Percentage exceeded: _____

Number met: _____ Percentage met: _____

Number below: _____ Percentage below: _____

National Certification(s)/Date earned:

Comments: